



Families First

Parenting Education Program

FREE Parenting Class offered to support parents and caregivers of children

ages 2 to 12!

Children do not come with instructions...Come and join other parents and caregivers for a FREE, fun, interactive, and informative parenting class!

2021 Schedule:

In 2021, Families First Parenting Classes will be held virtually through Zoom.

February 2nd, 9th, 16th, 23rd

March 2nd, 9th, 16th, 23rd, 30th

April 6th, 13th, 20th, 27th

May 4th, 11th, 18th, 25th

June 1st, 8th, 15th, 22nd, 29th

- Class is taught by Angie Kouwenhoven
- Pre-register by email to healthyfamiliesculpeper@gmail.com OR call or text 540-222-6320
- Once you are registered, the Zoom link to attend the Parenting Class will be sent to you, and your FREE books for the class will be delivered to you.

Families First is offering a **FREE** 3-week parenting class!

Held virtually through Zoom, **6:00-8:00 pm** on Tuesday evening of each month.

A certificate will be mailed when you **complete** the series (attend all 3 classes.)

