



Dear Healthcare Providers,

During this unprecedented pandemic, we should not overlook our fellow citizens who do not have access to basic healthcare because of lack of insurance or inability to pay for doctor visits, get blood tests or buy prescription medicine.

Lifestyle Physicians is very happy to announce the commencement of a low cost medical clinic under the care of Dr. Sagar Verma for uninsured patients in Culpeper and the surrounding area.

Dr. Verma is Board Certified in internal medicine and is able to provide care for adult patients with a wide range of medical problems.

The clinic will focus on diagnosing and treating common conditions like diabetes, high blood pressure, high cholesterol, infections, cough cold and other common ailments. The clinic will also provide follow-up care.

Location: Our first clinic will be located at our Lifestyle Physicians medical office at 571-B James Madison Hwy, Culpeper, next to Payne Pools and the new Verizon office.

Hours: Clinic hours will be from 8 AM to 6 PM every Thursday .No Walk in .Only by appointment

SERVICES:

1. **Medical consultation and evaluation:** With the doctor for just \$50. Follow up for \$25.

2. **Lab Test:** Low cost common laboratory tests like complete blood count, liver function, thyroid function, diabetes test, cholesterol tests, and urinalysis. The cost for these tests will range from \$10-\$50 each.

3. **Prescription Medication:** The clinic will also be able to provide limited prescription medications at an extremely low cost on site. These medication will only be provided to patients who are being seen in the clinic.

4: **EKG:** For \$ 15 only for patients seen by the doctor.

General wellness package: For \$109

Many patients have never had a general wellness done. We are offering an inexpensive package which will cover Doctor visit and checkup, Blood test for Cholesterol, Diabetes check, Thyroid , Kidney Liver , Anemia etc. Also will include Urine test and EKG

Note: The clinic is only for patients 18 years of age or older. The clinic will not provide obstetric and/or gynecology care. The clinic will not assume the role of a primary care provider for any patients. The clinic will also not be able to provide any prescriptions for narcotics or pain management.

Bilingual staff will also be available.

**Please call: 540-680-2426 Monday - Saturday
540-935-6675 (Spanish/English) for more information.**

Looking forward to your support

Dr Sagar Verma